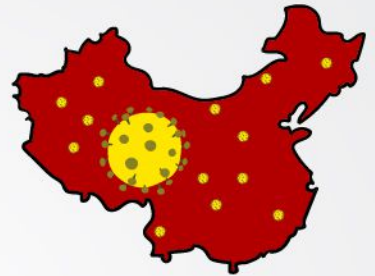




CORONAVIRUS

The Wuhan Coronavirus has affected more than 9000 people in China. There have been 130 confirmed cases worldwide, including Italy, France, Germany and South Korea. More than 200 people have died of the virus. WHO has declared a global health emergency. The virus reportedly originated in a seafood market in Wuhan, China. Person to person transmission has also been confirmed. Coronavirus originates in animals and tends to mutate, this makes it difficult to treat and to develop a vaccine against it.



HOW DOES IT SPREAD?

When a person who is infected sneezes or coughs, mucus, saliva and respiratory aerosols which contain the virus are sprayed into the surrounding environment. These can then be inhaled by another person, settle on their skin or surrounding surfaces and be transmitted by contact.

WHAT ARE THE SYMPTOMS?

The virus causes a flu like illness which develops into pneumonia and can lead to death, especially in older people and young children. Since it is a virus, antibiotics are not going to work against the infection. Watch out for:



FEVER



RUNNY NOSE



SNEEZING



COUGHING



**DIFFICULTY IN
BREATHING**

HERE IS WHAT WE CAN DO TO PREVENT CONTRACTING THE ILLNESS AND THE SPREAD OF INFECTION:

1. Wash your hands frequently. Scrub with soap, including the backs of hands and between the fingers.
 2. Cover your mouth with a tissue when you sneeze or cough. Discard the tissue and wash your hands thoroughly.
 3. Avoid live animal markets and consuming raw animal products, including dairy.
 4. Face masks can help but there is evidence that viruses can be transmitted through the eyes if left exposed.
 5. If you have returned from an affected area, stay indoors and avoid contact with other people for two weeks.
- If you have any of the aforementioned symptoms, seek medical help urgently.